benefit was the Cootehill hity Cancer Support Group. is from all over Ireland joined Local clubs joined them in Ashbourne for the last leg to Cootehill and as they came down Market Street the crowd cheered and lots of tears Patsy Lee, Martin O'Reilly and Francis McFadden.

Well done and congratulations on your wonderful achievement.

## LIMITED PLACES AVAILABLE ON OUTDOOR ACTIVITY & INSTRUCTOR TRAINEESHIP



Great interest has been shown, in the Cavan and Monaghan area, in the new Outdoor Activity Instructor Traineeship which is currently being offered by Cavan & Monaghan Educational & Training Board which is due to commence in the new academic year.

The programme will be based at Tanagh Outdoor Education & Training Centre where two previous Outdoor Activity & Instructor Traineeship courses have been completed. Past students

from these courses have since moved into successful employment within Ireland, Italy, Wales, Nepal and Sweden to name a few.

The course is a traineeship in the area of Outdoor Activity Instructor and will be run over 44 weeks with a mixture of practical and theory based subjects, with the time frame running from end of September to the middle of July 2016, Monday to Friday.

The programme is designed to help people gain an understanding of

Adventure Sports and the Outdoor sector as a whole while preparing them for future employment/study. The students will be supported by a dedicated and highly experienced team of tutors within each module, as well as the use of modern equipment during course time and the chance to be training outside in a classroom with a decent view!

The modules on offer will include; Rescue Emergency Care level 3 (First Aid), Mountain Skills training & Assessment (Hillwalking), Powerboating operations, Rock climbing, Child Protection, Career & Job Seeking skills, Paddle Sport Skills (Training & Assessment), Paddle Sport Instructor award (Training & Assessment) and eight weeks of work placement within one of Ireland's many Outdoor Centres.

In addition to the above, there will also be extra modules provided such as the Leave No Trace trainer course and The Mountain Leader Training Award (Hill walking). The modules on offer carry the full recognition of the national governing bodies in Ireland and are recognised both home and abroad.

Entry requirements: The following list are necessary requirements for the traineeship...
Applicants must have: a receipt of a Social Welfare payment, an interest in sports and the outdoors, a commitment to the 44 weeks, a drive to progress to further employment and or education. Entry to the course is subject to interview, physical assessment and satisfactory Garda vetting. Available places on this course are limited, so for more information email:

## training@tanaghoutdooreducation.com

This is a full-time course and is free of charge and a great opportunity to train locally within different counties, experience the great outdoors and adventure sports within Ireland, gain nationally governing body qualifications and retain your social welfare payments.