

Tanagh Gearing Up Off Road Taster Programme



Dates: 4th April

Time: 9.30am-1.30pm

Age: 12-16yrs

Cost: €30pp

Gearing Up Off Road is a new initiative that has been launched by Cycling Ireland. Gearing Up Off Road is Cycling Ireland's mountain bike skills programme designed to develop the skills needed to safely and competently enjoy mountain biking. This course is an introduction to mountain biking and will cover some of the skills on the syllabus.

Limited spaces on this course.

For more information on the syllabus see www.cyclingireland.ie/page/programmes/gearing-up-off-road

Booking and Payment in advance is essential with Tanagh Outdoor Education & Training Centre

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Contact Philomena on 049-5552988 or info@tanaghoutdooreducation.com