

Team Building For Football Clubs

Tanagh Outdoor Adventure Centre



Arrive 10.00 a.m. Depart 4.00 p.m.

MORNING Briefing **Brown Bog Team Tasks**

A series on 15 minute mentally & Physically challenging tasks located in the bog with assault course.

*These tasks are scored by the instructor under the following headings

- Task focus
- Communication
- Everyone involved
- Motivation
- Planning
- Adaptability
- Time Awareness
- Result

1.00 p.m. Lunch

AFTERNOON

1.45 p.m. Choice of land based event. The afternoon event will be a follow through from the scores in the morning exercise. ie Highest morning scores will get an advantage start.

Choice 1 Land based

Orienteering training & Event (A navigation skills through Dartrey Forest
OR

Choice 2 Water based



Cost for 1 Day
10am -4pm

Adult Rate

Saturday
€45.00 p.p. w/out lunch
€8.00 extra with lunch

Adult Cost for ½Day

Saturday
€30.00 p.p.
Excluding lunch

Cost for 1 Day
10am—4 pm.

Youth Rate

Saturday
€35.00 p.p. w/out lunch
€8.00 extra p.p. w/
lunch

Youth Cost for ½Day

Saturday
€20.00 p.p.

To Book:
Contact: 049 5552988



etb

Bord Oideachais agus Oiliúna
an Chabháin agus Mhuineacháin
Cavan and Monaghan
Education and Training Board



Tanagh Outdoor Education & Training Centre, Dartrey, Via Cootehill, Co Monaghan

Email: info@tanaghoutdoorededucation.com

Web www.tanaghoutdoorededucation.com

Rates above are current at time of printing and subject to change. Jan 2015