



Tanagh's Adult Introductory to Kayaking

Dates: 20th June, 27th June, 4th July, 11th July

Time: 5pm-7pm

Suitability: Adults

Cost: €80 for the 4 weeks or €25 a session.

Limited spaces on this course

Learn the basics of paddling a kayak and get fit at the same time while making new friends on the water. The Dromore river is the ideal location for learning to paddle as it is a calm, sheltered, flat water river. The course will run for 4 weeks.

Meet at Haltons Amenity Park where all equipment including boat, paddle and buoyancy aid will be provided along with our fully qualified instructors to coach and guide you.

****Make sure you bring a spare change of clothes**

****This course is subject to minimum numbers**

Tanagh Outdoor Education & Training Centre.

Contact Philomena on 049-5552988 or info@tanaghoutdooreducation.com

Booking and Payment in advance is essential